

# SESSION #3

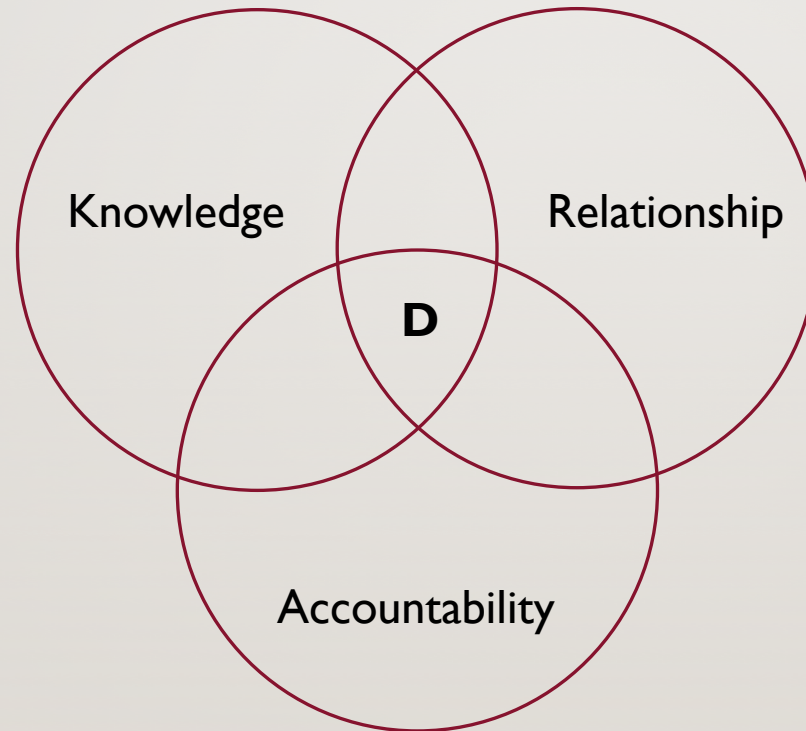
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THREE THIRDS PROCESS

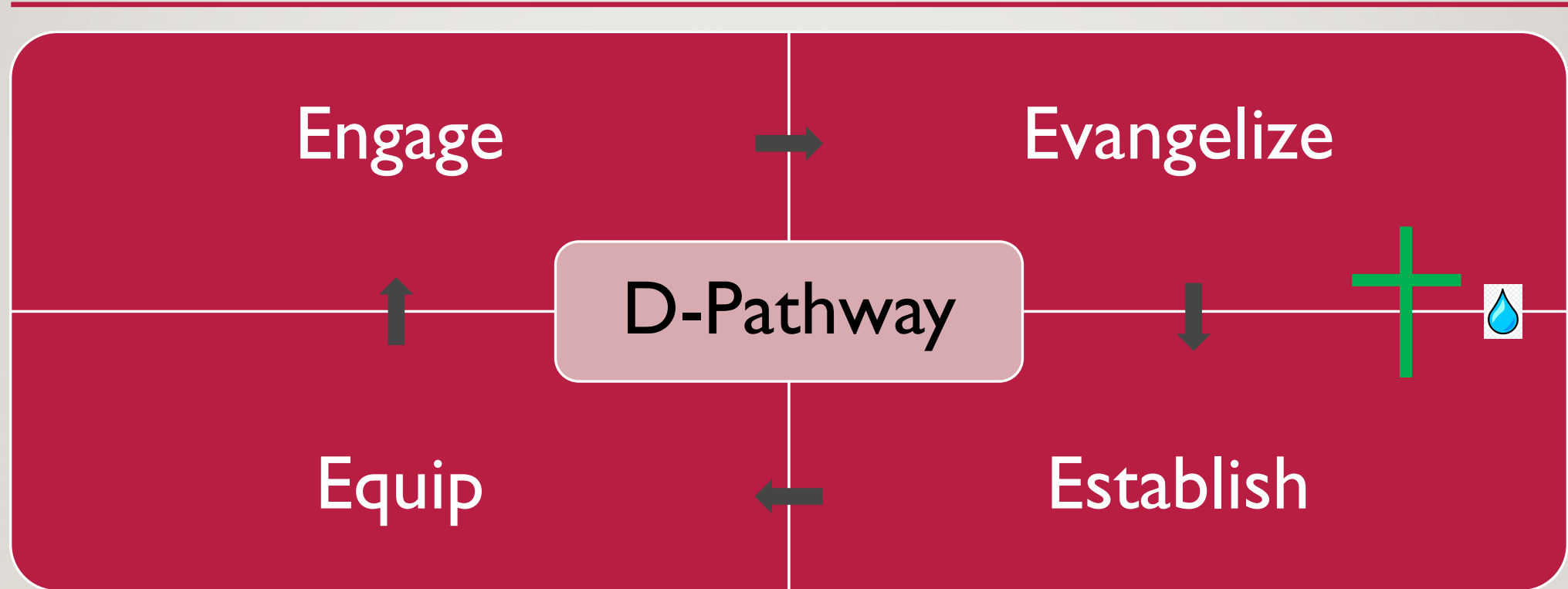
FIRST THIRD

# CRITICAL ELEMENTS IN DISCIPLESHIP

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# DISCIPLESHIP PATHWAY





# THREE THIRDS

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- First Third
- Depending on the overall time of the session, each third can be 15-30 minutes long.
- The first time frame is focused on:
  - Fellowship
  - Follow up
  - Future
  - Accountability

# FELLOWSHIP (FIRST THIRD)

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- One of our core principles as a church is fellowship.
- This is the time for questions like “how are you doing?”, “how is your prayer life?”, “what are you struggling with this week?”
- This is the time to work on building strong relationships with each other.
- The guide must share with the group just as the group is expected to share.
- Do not rush through the fellowship time!



# FOLLOW UP (FIRST THIRD)

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- Each week commitments will be made in response to what was learned or to share the gospel with someone who is lost or both.
- During the follow up time we discuss how we are doing with the commitments we made the previous week. Example: if we made a commitment based on the scripture we were studying to pray everyday for 15 minutes, did we fulfill that commitment?
- It is during this time we learn about the struggles of others in walking with Jesus or if they have never surrendered their life to Christ.

# FUTURE (FIRST THIRD)

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- This discussion is for the purpose of looking at our future with Christ, the church, our calling, maturity, goals, wishes, and dreams.
- This time is very important because too often we focus on our problems and struggles today and never consider our future.
- We could use some scripture passages about God's will for our life, our future life with Him, or the calling on our lives in Great Commission work.
- This is forward looking, goal oriented, and connected to the local church.



# ACCOUNTABILITY (FIRST THIRD)

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- Accountability is asking each other questions about our walk with Jesus, our relationship to others, and our follow through on commitments.
- This is not an exercise in legalism!
- Accountability is based upon relationship.
- It is a key factor in spiritual growth.



# SUMMARY

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- Discipleship is based upon learning the Bible, building strong relationships, and accountability.
- D-group is a guide and 2-3 others who commit to meet together weekly over a 12-18 months.
- The goal is spiritual maturity and multiplication.
- The first third of time during the weekly meeting is utilized for fellowship, follow up, future goals, and accountability.